

BREAKFAST
Available 7am – 11am

Uma

PARO, BHUTAN
PART OF THE COMO GROUP

FRESH EXTRACTIONS

Sweet Lime, Paro Blend, Rose Water Lassi

FRUITS



Seasonal freshly cut fruit plate**

Seasonal fruit salad, Bumthang honey yogurt

Poached pears in a light cinnamon syrup

Dried fruit compote

YOGHURT

Natural, seasonal fruit or honey with nut clusters



**Subject to seasonal availability

Denotes healthy alternatives which are lower in fat, sugar and sodium

CEREALS

served with full cream milk

Sultana Bran, Cornflakes, Rice Bubbles, Special K, All Bran

Home made toasted granola



Shambhala muesli with “live” mango yoghurt, freshly grated apple & almond nut milk

Oatmeal porridge with wild strawberries & berry compote, candied lemon zest, brown sugar

BAKERY

served with fresh butter & house made preserves

Pastry basket- a selection of Croissants, Danish pastries & muffins

Toast – 7 Grain, walnut bread, white hi top or fruit loaf

☉ Shambhala muesli with “live” mango yoghurt, freshly grated apple & almond nut milk

Local buckwheat pancakes with fresh Bumthang butter, lime & maple syrup

Buttermilk pancakes with banana, fresh chamomile syrup & honeycomb icecream

Oatmeal porridge with wild strawberries & berry compote, candied lemon zest & brown sugar.

Corn fritters with roast tomato, rocket, crispy bacon & herb crème fraiche



Egg white omelette with wilted pea tendrils & forest mushrooms



Steamed asparagus, poached farm egg, wilted spinach, oregano vinaigrette & fresh ricotta on multigrain toast



Denotes healthy alternatives which are lower in fat, sugar and sodium

Poached free-range eggs, prosciutto, confit tarragon tomatoes & spinach on English muffins with hollandaise sauce

Free-range egg omelette with your choice of fillings: Smoked salmon, smoked ham, tomato, Bumthang gouda cheese, field mushrooms, potato masala, spinach

Free range eggs cooked to your liking, potato röesti, roast tomatoes, smoked bacon & herb chicken sausage

Bhutanese breakfast: pork & red rice porridge with egg crepe, hogay salad & ezay